

North Bay Regional Health Centre

King Street Campus

Mental Health and Addictions

Crisis Plan

Name:

The crisis plan is developed together with a client and their clinical support team.

STRENGTHS - I have:

SUPPORTS - I have in place:

People / places

Phone Numbers

EARLY WARNING SIGNS

Describe what a crisis might look like for you:

HELPFUL STRATEGIES OR APPROACHES

- Client Perspective:
- Clinical Team Perspective:

Client consent provided to share crisis plan with their supports and kept updated annually ☐ Y/N Date:

Copy of plan provided to ☐ Client/SDM ☐ Family with consent
☐ Community Support Team with consent